

Yòve

(Bulgaria)

From Gòdech area, Shopluk. The tempo gradually becomes faster which is an opportunity for the dancers to test and show their abilities. It is one of the features of the dances from Shopluk area. Very often their dances are fast and complicated and remind us a competition. To be a good dancer was really important in the past in the Shopluk area.

Pronunciation:

CD: ILBD # 9 - 2002

Rhythm: 7/16 + 11/16 meters - SQQ + QQSQQ

Formation: Mixed open circle, hands joined in V-pos.

Meas

Pattern

4 meas INTRODUCTION. No action.

I. OSNOVNA—BASIC

Meter	Ct	Slow Tempo	Fast Tempo
	1	Facing diag R,	
7/16	1	Step fwd on R diag R.	Step.
	2	Lift on R.	Hop.
	3	Step fwd on L.	Leap.
11/16	1	Step fwd on R.	Leap.
	2	Step fwd on L.	Leap.
	3	Step fwd on R.	Leap.
	4	Close L next to R while turning to face ctr.	Close.
	5	Hold.	Lift on R.
	2	Facing ctr,	
7/16	1	Step bkwd on L.	Step.
	2	Lift on L.	Hop.
	3	Step bkwd on R.	Leap.
11/16	1	Step bkwd on L.	Leap.
	2	Step bkwd on R.	Leap.
	3	Step bkwd on L.	Leap.
	4	Step on R to R side.	Leap.
	5	Step on L behind R.	Leap.

II. SASHTINSKA YOVA

	1	Facing diag R,	
7/16	1	Step fwd on R diag R.	Step.
	2	Lift on R.	Hop.
	3	Step fwd on L.	Leap.

Yòve—continued

Meter	Ct	Slow Tempo	Fast Tempo
11/16	1	Step fwd on R.	Leap.
	2	Step fwd on L.	Leap.
	3	Big step bkwd on R, slightly bending body fwd.	Big step.
	4	Sliding step on L next to R.	Sliding step.
	5	Step bkwd on R.	Step.
	2	Repeat meas 1 with opposite ftwk and diag L.	

III. NABIVANE—STAMPING

	1	Facing ctr,	
7/16	1	Step on R to R side.	Step.
	2	Lift on R.	Hop.
	3	Step on L across R.	Leap.
11/16	1	Step on R to R side.	Leap.
	2	Step on L behind R.	Leap.
	3	Step on R to R side.	Leap.
	4	Lift on R.	Hop.
	5	Stamp L heel next to R toes, keeping wt on R.	Stamp.
	2	Repeat meas 1 with opp ftwk and to L side.	

IV. VRAZHI

	1	Facing diag R,	
7/16	1	Step fwd on R diag R.	Step.
	2	Lift on R.	Hop.
	3	Step on L across R.	Leap.
11/16	1	Step on R in place.	Leap.
	2	Step bkwd on L.	Leap.
	3	Step on R in place.	Leap.
	4	Lift on R.	Hop.
	5	Step fwd on L.	Leap.
	2	Facing diag R,	
7/16	1	Step bkwd on R.	Step.
	2	Lift on R.	Hop.
	3	Step bkwd on L.	Leap.
11/16	1	Facing ctr, step on R in place.	Leap.
	2	Step on L next to R.	Leap.
	3	Stamp R heel diag R, no wt.	Stamp.
	4	Stamp R heel fwd, no wt.	Stamp.
	5	Step on R next to L.	Step.
	3-4	Repeat meas 1-2 with opp ftwk to L side.	

Sequence: Fig I eight times; Fig II twice; Fig III twice; Fig IV twice.
Repeat the figures in this sequence one more time with the Fast Tempo.

Presented by Iliana Bozhanova and Lyuben Dossev